

# THE PRAYER OF RELEASE

[iamawellbeingwarrior.com](http://iamawellbeingwarrior.com)

I accept  
all people, places and things that are a  
part of my path.

I ask that  
all people, places and things that are a  
part of my path come to me.

I release  
all people, places and things that are not a  
part of my path.

I ask that  
all people, places and things that are not a  
part of my path release me.

